



Final Examination

2nd Semester, Forth year

Course code and Number: NUR 401

Course Title: Community Health Nursing

Date of Exam: 28 / 5 / 2017

Duration of Exam: 3 hour

Number of Exam Pages: 10

(Including this cover sheet)

Marking Scheme:

Question	Score	student's marks	Signature
I	20		
II	20		
III	45		
IV	15		
Total	100		
Score in writing			

All questions should be answered.

I- Select letter (T) for correct statement & (F) for wrong one in the following statements in the electronic answer sheet: - (20 Marks)

1.	In food processing plant, dressing rooms should be close to toilet facilities.	T	F
2.	Informal methods of communication could be done through traditional media such as newspapers, television, radio, telephone and postal system.	T	F
3.	The statistics on a community provide data about the vital events that occur in the population, such as health and illness patterns. .	T	F
4.	Geographic accessibility of Primary health care (PHC) means that PHC services near to the people as possible.	T	F
5.	Referral system increase time loss and effort of patient.	T	F
6.	All over the world , approximately 450,000 men die of cardiovascular disease each year	T	F
7.	Poor village planning is one of the environmental problems of rural communities	T	F
8.	Frequent viewing of violent television by children has been associated with committing aggressive behavior among children.	T	F
9.	In Egypt, Comprehensive medical examination is done only in the first time of entry to the school.	T	F
10.	Prostate enlargement affects about 90% of men by age 80.	T	F
11.	Secondary prevention for drug addiction can be done through health education programs for secondary and high school students.	T	F
12.	In Egypt, AIDS becomes transmitted only through hemodialysis machines.	T	F
13.	Violence is a non-intentional use of force or power against oneself or another person	T	F
14.	Anorexia nervosa is a compulsive overeating with the absence of bulimic behaviors.	T	F
15.	In home visiting family members are more receptive to learning	T	F
16.	Community health nursing usually function in acute care settings	T	F
17.	Nurses are susceptible to biological occupational hazards	T	F
18.	Monitoring workers for levels of chemical radiation exposure is one of the measures of primary level of prevention	T	F
19.	Thyroxin screening should be done to neonates within the first week of life	T	F
20.	Rural health care is characterized by low outreach for all activities except postnatal checkups.	T	F

II- Choose only correct answer and circle the letter you choose in the electronic answer sheet: - (20 marks).

- 1. The rural health unit provides the following services except:**
 - a. Maternal and child health services.
 - b. Health education services.
 - c. Inpatient services.
 - d. Dental care services.
- 2. The process of adding one or more nutrient to a particular food is:-**
 - a. Nutritional supplementation.
 - b. Fortification of foods.
 - c. Fluoridation.
 - d. Food rationing
- 3. Piaget believed theory that child development is an orderly, sequential, and interactive process, so he develop**
 - a. Cognitive learning theory
 - b. Social learning theory
 - c. Adult learning theory
 - d. behavioral learning theory
- 4. To evaluate the food safety program. A reasonable timeframe might be:-**
 - a. Every month.
 - b. Every 3 to 6 months.
 - c. Every 6-12 months.
 - d. Every 2-3 years.
- 5. A nutritional disorder that characterized by episodes of binge eating followed to purge the food from the body usually by vomiting, fasting, taking diuretics, exercising or using laxatives is:**
 - a. Anorexia nervosa.
 - b. Bulimia nervosa.
 - c. Binge Eating.
 - d. Malnutrition.
- 6. The best way that community health nurse can deal with emergencies is:**
 - a. Group discussion.
 - b. Demonstration .
 - c. Community organization.
 - d. Lecture .
- 7. For effective communication the distance between sender and receiver must be :-**
 - a. 18 inches to 2 feet
 - b. 14 inches to 5 feet
 - c. 18 inches to 4 feet
 - d. 17 inches to 3 feet

- 8. In communicating a client, the nurse restated his statements in her own words. This communication skill is called :-**
- Feedback.
 - Reflection of feeling.
 - Paraphrasing.
 - Accepting.
- 9. A married parents and their unmarried children living in the same house , this family is called :-**
- Courtship.
 - Nuclear family.
 - Contracted family.
 - Extended family.
- 10. Treatments designed to facilitate the process of recovery from injury, illness, or disease to as a normal condition as possible.**
- Rehabilitation.
 - Home care.
 - Self-care.
 - Investigations.
- 11. The nurse who conduct a planned teaching/learning activities for a groups of adolescents aiming to facilitate their voluntary adoptions of behaviors conducive to health, this nurse is known as**
- Health visitor..
 - Health counselor.
 - Health educator.
 - Health manager.
- 12. Family strengths include all of the following , except:-**
- Ability to see crisis as a mean of growth.
 - Disturbed by the dysfunction of one member.
 - Ability to communicate openly and in depth.
 - Flexibility of family functions and roles.
- 13. Hearing defects , hypothermia and burns can result from :-**
- Physical hazards.
 - Chemical hazards.
 - Biological hazards.
 - Psychosocial hazards.
- 14. Rural area in Egypt has high mortality rates especially among :-**
- Elderly people.
 - Agriculture workers.
 - Infant and preschoolers.
 - School age children.
- 15. Components of premarital care included all the following except:-**
- Tetanus immunization.

- b. Premarital education.
- c. Premarital Counseling.
- d. Premarital examination.

16. The best way that community health nurse can deal with emergencies is:

- a. Group discussion.
- b. Demonstration.
- c. Community organization.
- d. Lecture.

17. Nurses and health workers are mainly susceptible to which of the following occupational hazards

- a. Physical hazards.
- b. Chemical hazards.
- c. Biological hazards.
- d. Psychosocial hazards.

18. A major objective of food processing is to:

- a. Keep receiving area clean.
- b. Maintain aesthetic quality.
- c. Delay nutritional deterioration of food.
- d. Identify potential hazards.

19. The route of administration of meningitis vaccine is: -

- a. Oral route
- b. Intramuscular injection
- c. Subcutaneous injection
- d. Intranasal spray

20. The recommended immunization for first and fourth grade of primary school is :-

- a. DT and MMR.
- b. MMR and meningitis.
- c. Meningitis and DT.
- d. DT only.

III-Give short notes on the following :-

(45 marks)

1. The common risk factors contributing to the violence problem:-(5 marks)

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2. Effective communication techniques (only five):- (5 marks)

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3. Basic principles of health teaching for school age children :- (5 marks)

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4. The features of healthy village:- (5 marks)

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5. Steps in starting a food safety program. (5 marks)

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6. Nursing role to control environment around addicted person should include:- (5 marks)

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7. Environmental factors influencing child 's health:-(5 marks)

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8. Families and individuals are engaged in a developmental process of growth, aging and change over their life span. Apply the cycle of family development:- (5 marks)

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9. The best approaches to helping men lead a healthier and fuller lifestyle consist of a few simple steps.(5 marks)

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IIV-Situation . (15 marks)

During your clinical experience , you were assigned to the following family:- Mr. Ali is 50 years old, heavy smoker and working in Cement Factory , Mrs. Nahed is 38years old , her body weight over 90 Kg , using pills as a family planning methods and suffering from hypertension , her engaged daughter Maha is 18 years old and going to marry within few months and her a young girl Noha is 10 years old , has juvenile diabetes since 2years .

Answer the following questions:

**1- What is the laboratory investigations needed for Maha before marry?
(5marks)**

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4- What are the potential health problems Mr. Ali exposed ? (2 Marks)

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Good Luck